

INTO ...I DON'T KNOW

for students with disabilities

INTO I DON'T KNOW WHAT

tips for students with disabilities



with
Guidance
Counsellor
Mary Quirke

1

This is the first step on your career journey - ask yourself - if I was my older self advising my younger self - what would I say.

2

Look at what you are good at and enjoy learning - both inside and outside of school. And remember there are also newer topics as you move forward.

3

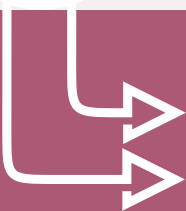
Consider all options that interest you - remember to first think about what you want to do - & then how think about how you will do it.

4

Be true to yourself - think about who you are & what you have to offer. Are you the person that seeks out company & chat or do you prefer to step back & listen? We all have our unique traits!

5

Focus on an area & then explore it - at open days, with friends, on the net - even Social media! Do your homework! And enjoy it!



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ahead.ie/into